FULL CIRCLE BULLETIN

November 2026

CLUB ENTRANCE AT REAR OF BLDG.
Enter from Dominion Street
onto Preston Lane.
237 Second Street, PO Box 832,
Midland, ON L4R 4P4
705-526-1305
Transportation: Ext 1228
www.wendatprograms.com

"Enjoy what you can and ignore the rest. Let's not waste any energy fighting things that are outside our control."

Paulo Coelho

strikemecalm.com

The WENDAT SOCIAL CLUB promotes a *SAFE & POSITIVE* place based on *RESPECT FOR ALL*

WENDAT
Community Programs

Coordinator's Message:

Connection. Kindness. Community.

As autumn turns toward winter, we are making room for remembrance, meaningful conversations, laughter, creativity and a little early holiday magic.



A look back at October

October was full of colour, adventure and shared memories. From apple orchards and fall fairs to pumpkin displays, costumes and creative afternoons, our members made the most of the season together. Thank you to everyone who joined us, helped organize outings and brought kindness and enthusiasm to the Club.

This month at a glance

Remembrance and reflection • World Kindness Day • Winter wellness • Creative Playdates • Christmas crafts and festive outings

A welcoming place to belong

Whether you have been attending for years or are thinking about visiting for the first time, there is a place for you at Wendat Social Club. Come for an activity, a meal, a conversation or simply the chance to be around others. We are always excited to welcome new members and create new experiences together.



Always Re-Creating

Casey MacKinlay
~CLUB COORDINATOR~

October Memories | Out & About

Fill Your Cup: Fall Colour Drive & Coffee Stop

What a wonderful afternoon! Our Women's Group enjoyed a picnic at Fred Raper Park and stopped at Tim Hortons for a warm beverage. On the way home, we visited Grandma's Lambes Market, where members explored the store, purchased apples and took pictures together.

Chappell Farms

Members enjoyed a wagon ride, visiting the animals and taking photos. A big thank-you to staff for picking pumpkins to bring back to the Club for painting. The outing also gave us a chance to enjoy the fall colours and time together.

A fan favourite: Thornbury Apple Farm & Oaklane Orchard

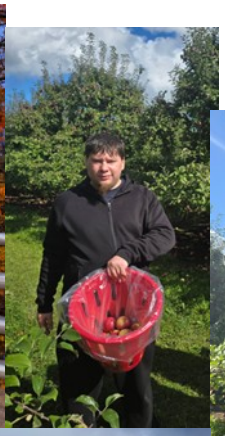
Apple picking was a highlight of the season! A special thank-you to one of our members for arranging the visit and even climbing the trees to pick apples for fellow members. Moments like these show how members help make our outings memorable.

Elmvale Fall Fair

Members enjoyed a fun fall afternoon at the Elmvale Fall Fair, taking in the sights and sharing the excitement of a classic community tradition.

Coldwater Witches Walk

What a great night out with the ladies! We started with a warm beverage at Tim Hortons, then headed to the Witches Walk in Coldwater. We completed a scavenger hunt, learned a witches' walk and explored local storefronts.

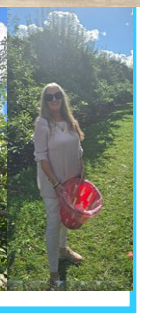











October Memories | Celebrate & Create

Halloween Party

Our Halloween party was a success! There was wonderful food, creative costumes, laughter and prizes. Thank you to everyone who dressed up, brought something to share or helped make the celebration special.

Pumpkinferno

Members enjoyed a drive-through experience featuring glowing pumpkin displays at Pumpkinferno, followed by a cozy hot chocolate stop. A lovely way to enjoy Halloween sights together.

Creative Playdates with Victoria

A big thank-you to our growing Creative Playdates group! Members are enjoying the chance to learn new skills, build confidence and improve techniques while creating artwork in a supportive, welcoming environment. We love seeing the creativity and progress each week.

Concurrent Disorders: A space for understanding

Our Concurrent Disorders group offers opportunities for learning and conversation about mental health and substance use, including how these experiences can overlap. The focus is on reducing stigma, building coping strategies, sharing resources and supporting recovery and wellness without judgment. Members are welcome to participate at their own comfort level. Ask staff about upcoming sessions and program details.

Thank you for making it happen

To our members, staff, volunteers and community partners: thank you for your ideas, participation and willingness to try something new. Each outing and activity is more meaningful because of the people who share it.



November | Wellness & Self-Care

Mental Health & Wellness | Tuesdays, 1–3 PM

November 3 — The Gratitude Attitude: Finding Joy in the Little Things
Discover how small moments of gratitude can help us notice hope, connection and everyday positives, while making room for difficult emotions too.

November 10 — What's in Your Emotional Backpack? Lightening the Load
Explore stress, responsibilities and emotional weight, along with ways to ask for help and lighten the load.

November 17 — The Power of Connection: Why We Need Each Other
Talk about belonging, supportive relationships and the small ways we can stay connected.

November 24 — Winter Wellness: Beating the Winter Blues Before They Begin
Explore realistic routines and coping strategies for the colder, darker months.

Self-care when the days get shorter
Winter can change our routines, energy and mood. Try to get some daylight when possible, move your body in a way that works for you, keep regular sleep and meal routines, stay connected to people you trust, and plan small enjoyable activities. If low mood becomes persistent or affects daily life, reach out to a health professional or someone you trust for support.

November Positive Mind & Energy Challenge
Choose one small action each day: notice one good thing; take a short walk or stretch; reach out to someone; listen to an uplifting song; drink water and take a rest; try a creative activity; or speak kindly to yourself. You do not have to do it perfectly—small steps count.



November | Outings & Connection

Fill Your Cup Women's Group & Social Days

Thursday, Nov 5 — Orillia Shopping & Lunch
Fill Your Cup: Liquidation Nation and Mariposa Market. Leaving the Club at 10 AM; bring money for lunch.

Thursday, Nov 12 — Caring Closet & Value Village
Social Day in Coldwater and Orillia. Leaving the Club at 11 AM. The Caring Closet, located in the basement of St. Andrew's Presbyterian Church in Coldwater, offers free clothing. Value Village is a second-hand shopping stop.

Thursday, Nov 19 — Blue Mountain Village
Fill Your Cup: Village shopping and lunch. Leaving the Club at 10 AM; bring money for lunch and optional shopping.

Thursday, Nov 26 — Magic Lights, Springwater
A festive drive-through light experience, with transportation planned in the Ford Transit and GMC Savana. Bring money for coffee or tea. Confirm departure time with staff.

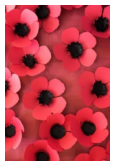
World Kindness Day | November 13
Kindness can be as simple as a warm welcome, a genuine compliment or listening without judgment. We will celebrate during Wednesday's November 18 Kindness Is Contagious program. Think of one kind action you can offer another person—and one you can offer yourself.

New faces, new friendships, new experiences
Interested in joining us? Wendat Social Club is a place to connect with others, explore interests, learn skills and enjoy activities at your own pace. We welcome new members and look forward to creating more shared experiences. Speak with Club staff to learn about programs, participation and upcoming outings.

Friendly reminder
Programs, costs, schedules and outing details may change. Please confirm registration, available seats, transportation, accessibility and any fees with staff.



November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	**2**	**3** The Gratitude Attitude: Finding Joy in the Little Things 1 PM—3 PM 	**4** **5** Lest We Forget: Remembering & Reflecting Lunch: Creamy Tomato Soup & Grilled Cheese 11 AM—2 PM 	**5** Fill Your Cup – Women's Group Liquidation Nation Orillia / Mariposa for Lunch (bring $ for lunch) Leaving club at 10 AM 	**6** Creative Playdates 1 PM—3 PM Gratitude Garland 	**7** Lunch: Pancake with Fruit 11 AM – 2 PM 
8 	**9**	**10** What's in Your Emotional Backpack? Lightening the Load 1 PM—3 PM 	**11** CLOSED Remembrance Day 	**12** Caring Closest Coldwater / Value Village Orillia (leaving club at 11 AM) 	**13** World Kindness Day Concurrent 10-11 Creative Playdates 1 PM—3 PM Watercolour Poppies 	**14** Bradford Greenhouses Garden Gallery Christmas Market $5 Leaving club at 10 AM (bag lunch provided) 
15	**16**	**17** The Power of Connection Why We Need Each Other 1 PM—3 PM 	**18** Kindness Is Contagious – World Kindness Day Celebration Lunch: Hamburger & Fries 11 AM—2 PM 	**19** Fill Your Cup – Women's Group Blue Mountain Village Shopping / Lunch Leaving at 10 AM (bring $ for lunch/shopping) 	**20** Creative Playdates 1 PM—3 PM Watercolour/mixed media Leopard 	**21** Lunch: Breakfast Casserole 
22 	**23**	**24** Winter Wellness: Beating the Winter Blues Before They Begin 1 PM—3 PM 	**25** Deck the Halls: Christmas Kickoff! Lunch: Ham and cheese sliders with potato wedges Christmas Ornament Making 11 AM-2 PM 	**26** Magic Lights Springwater (bring money for Coffee/Tea) 	**27** Concurrent 10-11 Creative Playdates 1 PM—3 PM Watercolour Christmas Postcards 	**28** Drysdale Tree Farm Christmas Market $5 Leaving Club at 10 AM (bag lunch included) 
29	**30**					

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Proud Fundraising Partner with Delta Bingo Penetanguishene

Delta BINGO ▸ GAMING

Wendat Social Club Hours

Club is OPEN:

Tues/Thurs./Fri 12:45 pm—3:00 pm
Wednesday: 11 am— 2:00 pm
Saturday: 11 am—3:00 pm

Sunday Church Service & Soup
10:30—12:30, call for a ride before 9 a.m.

Transportation

For a ride to the club, call **705-526-1305 Ext. 1228,**
Call the club before 9 a.m. to arrange your ride on the day you are attending. We do not call you back. We add your name to the list to pick up. You need only call the club once.

During inclement weather, the coordinator decides at 9 am whether to close the club. Call at 10 am to the voice mail (x1228) to find out if the club is open. For safety reasons the vans may be pulled off the road and the club maybe closed due to the weather conditions.



Vans-BP Bullets

WENDAT SOCIAL CLUB

Believe You Can... | *And you're halfway there*

FLU, COLD, COVID PRECAUTIONS:

~Do Not Attend If You Feel Unwell~
We do have the right to ask you to mask or leave. Thank you.

SMOKING POLICY

There is **NO SMOKING/ VAPING ANYWHERE ON WENDAT PROPERTY**

Come join us for Creativity Playdates on Fridays, Mental Health Wellness connections on Tuesdays, Women's Woven Wisdom on Thursdays
705-526-1305 ext. 1228



When you see this symbol on the calendar, it means the Wendat Social Club is on a **Community Outing** and is **NOT OPEN or operating under usual club hours.**

Outings do sometimes require a deposit. This goes towards admission.

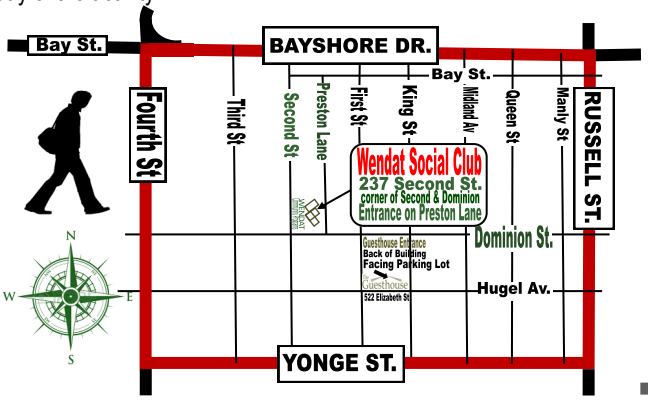


Dinner Wed's—$4
you must sign up in advance
Lunch: Sat's—$4 no sign up necessary

Limit of 2 coffee or tea with meal. "Meals may change without notice, subject to availability."

TRANSPORTATION

- Members who live within the map's parameters, must walk to Wendat.
- A ride home is available if you stay for all the planned activities of the day.
- If you live outside this area, call Ext 1228 for pickup by 10am, on the day of the activity.

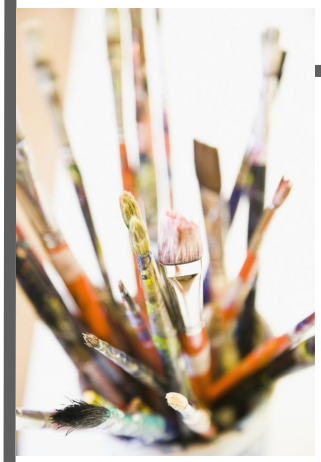




The Good Food Box is $20.00 monthly due by the 7th of the month. It is delivered the 4th Tuesday of the month* to Wendat. You need to pick it up. **Date: November 24, 2026**

**unless otherwise listed*

Come for lunch $4 on a Wednesday and Saturday and stay for a recreational activity @ 11 am



THE Wendat SOCIAL CLUB

Please observe our **CODE OF CONDUCT** *while attending.*
-Thank you-

WENDAT
Community Programs
Providing Services for Seniors and Adult Mental Health Services in North Simcoe-Muskoka