



NEW CONCURRENT DISORDERS GROUP



A JOURNEY TO NEW BEGINNINGS

Mental Health & Addictions Support

Join us biweekly on Fridays from 10:00am - 11:30am in the social club for a supportive, welcoming space to talk openly, learn practical coping skills, and connect with others navigating mental health and substance use challenges

May Dates

May 8, 2026 & May 22, 2026



Transportation Line: 705-526-1305 ext 1228

