

# January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Proud Fundraising Partner with Delta Bingo Penetanguishene</p> 				1  CLOSED	2  <b>Creative playdates</b> 1 PM – 3 PM Watercolor Winter Scenes 	3  <b>French Toast w/ Scrambled Eggs</b> 11 AM – 2 PM 
4  Service 10:30 AM 	5	6  <b>Mental Health Wellness</b> 1 PM – 3 PM  Week 1 of 5 Intro / Health	7  Creamy Chicken Alfredo w/ Garlic Bread 11 AM – 2 PM Inspirational Rock Painting 	8  <b>Women's Group Fill Your Cup</b> 1 PM – 3 PM Self-Care Day 	9  <b>Creative playdates</b> 1 PM – 3 PM Glitter & Tissue Paper Hearts 	10  <b>Sloppy Joes w/ Fries</b> 11 AM – 2 PM 
11	12	13  <b>Mental Health Wellness</b> 1 PM – 3 PM  Week 2 of 5 Financial Wellness	14  <b>Beef &amp; Barley Soup</b> 11 AM – 2 PM Textile Landscape Mixed Media 	15	16  <b>Creative playdates</b> 1 PM – 3 PM Bingo & Social Hang Out 	17  <b>Breakfast Burritos</b> 11 AM – 2 PM <b>Lego Building Day</b> 
18  Service 10:30 AM 	19   <b>Celebration of Life for Bob Day @10AM</b>	20  <b>Mental Health Wellness</b> 1 PM – 3 PM  Week 13 of 5 Short - & Long-Term Goals	21  <b>Shepherd's Pie w/ Salad &amp; Bun</b> 11 AM – 2 PM Valentine's Day Ribbon Wreaths 	22  <b>Women's Group Fill Your Cup</b> 1 PM – 3 PM Healthy Boundaries 	23  <b>Creative playdates</b> 1 PM – 3 PM Winter Watercolor Scene with Salt 	24  <b>Chicken Fried Rice w/ Veggies</b> 11 AM – 2 PM 
25	26	27  <b>Mental Health Wellness</b> 1 PM – 3 PM  Week 4 of 5 Social / Recreation	28  <b>Chicken Quesadillas w/ Garden Salad</b> 11 AM – 2 PM Tissue Paper Windows 	29	30  <b>Bowling</b> \$3 Fee 11 AM-1 PM 	31  <b>Hash Brown Egg Bake</b> 11 AM – 2 PM 