

WENDAT UPDATE

December 2025

Darlene Forget is Retiring!

Darlene has been employed at Wendat Community Programs since January 17, 2011. She has worked both with adults with age related challenges, and adults living with mental health challenges within several programs at Wendat.

With both populations, Darlene was responsible for developing, adapting and implementing structured recreation and activation programs to improve holistic well-being. For adults with mental health challenges Darlene focused on developing skills related to engaging in conversation, planning and initiating social activities, developing friendships and connecting with others, trying new leisure activities, belonging to and participating in a group and becoming more physically active.

In addition, Darlene had the role of job coach to participants of the Vocational Program. In this role, she was responsible for developing job skills, identifying strengths, mentoring and coaching to improve individual levels of functioning in work roles.

Darlene has done an outstanding job. She is highly creative and innovative and able to engage and motivate clients. She developed new program ideas to interest and stimulate all participants. She was passionate about her job and went above and beyond for her clients and her team. Darlene will be missed and we wish her the very best for the future.

Please join us for Darlene's Retirement Party
Wednesday December 17, 2025 12:30—1:30 pm
Wendat Social Club, lower level
237 Second St. Midland
Please RSVP to Verna at
705-526-1305 ext. 1221 or
vporter@wendatprograms.com



SENIORS SERVICES

PSYCHOGERIATRIC SERVICES

*Offered regionally across North-Simcoe/Muskoka
Offered free of charge*

Transition Services

Focuses on providing a transition plan to reduce the intensity and frequency of responsive behaviours so that individuals with cognitive impairment can move from one environment to another. Individuals may be living in their own homes, with family, in the hospital, Long-Term Care or other type of supportive housing. Behaviour Nurses work collaboratively with the client, family and all care partners in their current environment and destination environment to effect a smooth transition and resettlement. **For eligibility criteria, application procedure or more information about this program, please contact Rita Pilkey, Team Lead at rpilkey@wendatprograms.com.**

Mobile Social Work Service

This service is available to seniors with mental health needs who live alone or with family. The Social Worker will conduct an assessment of needs and risk and provide counselling, health teaching and connections to resources as needed. There is currently a wait list for this program. **For eligibility criteria, application procedure or more information about this program, please contact Sarah Laliberte, Interim Team Lead at slaliberte@wendatprograms.com.**

SENIORS' SUPPORT SERVICES

Offered in the Midland and Penetanguishene Area

Seniors Day Program

Provides social and recreational activities in a group setting for eligible seniors. Transportation can be arranged if required. There is no fee for this service.

Congregate Dining Program

Our cooks provide nutritious meals to seniors attending the Day Program and to the residents of the Lorna Tomlinson Residence for Seniors. There is a small fee for meals.

The Lorna Tomlinson Residence for Seniors

This Residence provides supportive housing for frail, low income seniors. Opened in 2016, the facility provides single or double rooms each with a private ensuite bathroom. All meals are provided in a common dining room. There is laundry service, lounges for socializing, structured Day Program activities, 24/7 on site staff and an enclosed courtyard. Additional personal support services are available to those who need assisted living. There is a wait list to live at the facility.

Assisted Living Program

Personal Support Workers are available 24/7 to assist residents of the Lorna Tomlinson Residence for Seniors with a variety of day to day practical needs.

For eligibility criteria, application procedure or more information about these programs, please contact Jim Torrance, Care Coordinator at jtorrance@wendatprograms.com or 705-355-1022 ext. 2226.

COMMUNITY MENTAL HEALTH PROGRAMS

*Provided in the Midland-Penetanguishene area
Offered free of charge*

Case Management Program

The Case Management Program supports persons aged 16+ with a confirmed diagnosis of serious mental illness who have a high need for support. Using various modalities, Case Managers work with each client to develop and achieve goals to ensure holistic well being. There is currently a wait list for this program but we are accepting new applications.

Brief Service

Provides immediate, short-term help and support to anyone aged 16+ with or affected by mental illness. There is no wait list for this program.

Crisis Services

Provides prompt, accurate mental health assessments for individuals aged 16+ who present in the Emergency Department of Georgian Bay General Hospital with psychiatric or psychosocial crises.

Crisis Clinic

Clients who are seen in the ED, who are not in acute crisis and being discharged, can be booked for a follow-up appointment with one of our clinicians immediately. Referrals are also accepted from Community Paramedicine and other service providers. Crisis clinic counselors provide short term counseling and navigation to longer term services. Individuals may also book an appointment for themselves on 1door.ca.

Mobile Crisis Response Team (MCRT)

This collaborative program with the Southern Georgian Bay OPP assists community members experiencing a mental health crisis. The teams are each comprised of one OPP Officer and one Mental Health Worker. Teams are dispatched through police communications.

Supported Employment

Wendat believes in the value of people doing real work for real pay. We offer opportunities for persons experiencing mental health challenges to be hired within Wendat. Individual and group job coaching is provided.

Social Club

The clubhouse provides activities to enhance mental wellness cognitively, physically, socially and emotionally. Anyone experiencing mental health challenges is welcome. Transportation services are available. There is a small fee for meals and some outings/activities. The Social Club is currently welcoming new members.

For more information about these programs, please contact Glen Lucas, Director, Adult Mental Health Services at glucas@wendatprograms.com or 705-526-1305 ext. 1245.



Health Care Connect

Helping North Simcoe residents connect with a family doctor or nurse practitioner

Need a Family Doctor or Nurse Practitioner? We Can Help!

Do you live in North Simcoe and need a family doctor or nurse practitioner?

The North Simcoe Ontario Health Team (NSOHT) can help you get connected through **Health Care Connect** — a provincial program that links people without a primary care provider to one in their community.

How to Register:

You can learn more and register online by visiting www.nsoht.ca/get-primary-care

Need help?

Call the **North Simcoe Ontario Health Team** at **705-529-6367** and a staff member will be happy to assist you.

While You Wait for a Provider:

You can still access care and support in the community:

See a North Simcoe Family Health Team Nurse Practitioner for same-day or next-day care.

[Learn more here.](#)

Visit the NSOHT's "[Where to go if you feel unwell](#)" webpage for a list of local health resources.

Call the **North Simcoe Community Helpline** at **1-844-806-3093** if you need help finding the right service.

Primary care providers are the foundation of a healthy community. The North Simcoe OHT is working closely with local family doctors, nurse practitioners, and community partners to make sure everyone in North Simcoe has access to the care they need — close to home.

Learn more at www.nsoht.ca.

Coming Soon

It will soon be possible for service providers and primary care providers to refer clients to Wendat's Adult Mental Health Programs through the Ocean Ereferral system. We hope that this makes it easier to make referrals and will reduce the need to use the fax machine.

How you can help Wendat Community Programs

Volunteers Needed!

Delta Bingo & Gaming supports the community. The funds raised from charitable gaming comes back to many local charities including Wendat Community Programs. When you play, local charities win!

In order to ensure that Wendat continues to benefit by receiving funds from Delta Bingo, we must provide volunteers to work shifts at Delta Bingo located at 175 Main St. in Penetanguishene.

Wendat Community Programs is seeking volunteers to represent Wendat at Delta Bingo. Shifts are for 2 hours and typically worked on Monday afternoons between 11:00 am to 5:00 pm. Other days/shifts are occasionally offered for extra funds.

Volunteers are required to undergo some free training provided by Delta Bingo before they can start volunteering.

If you are interested in helping Wendat ensure that funds continue to flow to Wendat from Delta Bingo, please contact Verna Porter at vporter@wendatprograms.com or 705 - 526 -1305 ext. 1221.



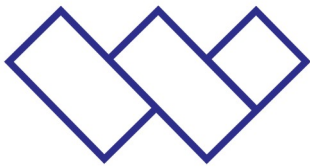
Make a Donation!

From April 1, 2024—March 31, 2025, Wendat provided service to 5,600 individuals and 21,000 client visits/contacts were provided by Wendat's staff. Although we receive funding from Ontario Health, we must fundraise to continue to provide all of our programs and to assist some of the most vulnerable members of our communities.

- A donation of \$12.00 can provide three meals for one resident at our seniors residence
- A donation of \$25.00 can provide supplies for social recreational programs for one day for 12 clients in our Seniors Day Program
- A donation of \$125.00 will provide gas for our van to bring clients into our programs for one week
- A donation of \$250.00 will provide three meals for one day for all 21 of the residents at our seniors residence
- A donation of \$500.00 will provide supplies for our Art Therapy Program for twelve weeks for fifteen adults experiencing mental wellness challenges

Donors may direct their donation to seniors services, adult mental health services, general operating costs or to our Endowment Fund.

For more information about making a donation to help us continue our programs, please contact Verna Porter at 705 - 526 -1305 ext. 1221 or vporter@wendatprograms.com.



WENDAT

Community Programs

Providing Services for Seniors and Adult
Mental Health Services in North Simcoe-Muskoka



Programmes communautaires

Wendat

Prestation de services pour personnes âgées et
de services de santé mentale pour adultes de
Simcoe-Muskoka



Ontario Health



Delta

BINGO & GAMING



Find us on:
facebook®

<https://www.facebook.com/WendatCommunityProgramsMidland>

TO DONATE NOW

visit www.wendatprograms.com

Charitable id#

108196353 RR0001

Équipe Santé Ontario
SIMCOE NORD / NORTH SIMCOE
Ontario Health Team

Wendat Community Programs is a proud member of the North Simcoe Ontario Health Team

Adult Mental Health
and Main Office
237 Second Street
Midland ON L4R 4P4
phone 705 526-1305
fax 705 526-9248

Lorna Tomlinson Residence for
Seniors and Senior's
Support Services
44 Dufferin Street
Penetanguishene ON L9M 3P7
phone 705 355-1022
fax 705 355-1026

info@wendatprograms.com

www.wendatprograms.com