## Wendat Social Club



	Delta Bingo Penetanguishene						
	January 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	KICK START your Mental Health 2024 12:45 – 3 p.m.	Macaroni and Cheese  11:00 a.m. 3\$  Victoria's  12 p.m.	Slow Stitch for the Soul 12:45	12:45 – 3 p.m.  ART  playdate	Soup and Sandwich 11 am – 2:30 \$3	
7	8	9 KICK START your Mental Health 2024 12:45 – 3 p.m.	CHILE and GARLIC BREAD  11a.m. 3\$  Victoria's 12 p.m.	Slow Stitch for the Soul 12:45	12:45 – 3 p.m.  ART  playdate	Hacon, Lettuce Tomato Sandwiches and Soup 11 am – 2:30 3\$	
14	15	16 KICK START your Mental Health 2024 12:45 – 3 p.m	Hot Hamburger Gravy and Mashed Potatoes 11 am 3\$  Victoria's	Soul Stitch for the Soul 12:45	19 12:45 – 3 p.m. ART playdate	Omelets and Toast, Juice 11 am – 2:30 3\$	
21	22	KICK START your Mental Health 2024 12:45 – 3 p.m.	24 Greek Salad and Chicken Souvlaki with Rice 11 am 3 \$  Victoria's	Soul Stitch for the Soul 12:45	26 12:45 – 3 p.m.  Chair Yoga followed by Mindful Art	French Toast and Fruit 11 am – 2:30 3\$	
28	29	Join us on a little trip to Coldwater Leaving club at 10 a.m. Bring Lunch money.	31 Sausage and Taters 3\$  11a.m.	The Wendat social club does try to keep our programs to two hours. We provide 15 mins in advance of the program for you to get a coffee and settle in. We try hard to start on time but if many are attending, we wait for transportation to arrive  Thank you for co-operating.  Be sure to call the club before 10 a.m. daily for your pick up, Midland, Penetang and in town Lafontaine  705 526 1305 ext 228			

12 p.m.