

Service Goal

The aim of Wendat's Community Support Programs for Seniors is to have a positive impact on the wellness, independence and quality of life for at risk older adults so they are able to live longer, in better health and in their chosen environment within the town of Penetanguishene and Midland.



**Ontario
Health**

Who May Refer:

Referrals can be made by healthcare professionals, family members, community agencies and/or individuals who would qualify for the residence or in-home service.

Referrals for the Day programs can be made through the Local Integrated Health Network (LHIN) at 705-721-8010

For further information or to request an application form contact:

Program Supervisor
Senior's Support Programs
Phone: 705-355-1022 ext 228
Fax: 705-355-1026

OR

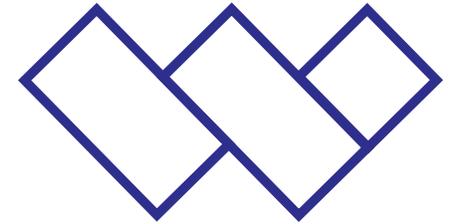
Info@wendatprograms.com
www.wendatprograms.com
BN-108196353RR0001

**Lorna Tomlinson
Residence for Seniors
and Senior's Support Programs**

44 Dufferin Street
Penetanguishene ON L9M 1H4
Phone: 705-355-1022
Fax: 705-355-1026

**Adult Mental Health Services
and Main Office:**

237 Second Street,
P.O. Box 832
Midland, ON L4R 4P4
Phone: 705-526-1305 Fax: 705-526-9248



WENDAT

Community Programs

Providing Services for Seniors and Adult
Mental Health Services in North Simcoe-Muskoka

Senior's Support Programs

Dedicated to the provision of quality
service for our seniors residing in
Penetanguishene and area.

Who is Eligible?

- ▶ Seniors living at The Lorna Tomlinson Residence for Seniors
- ▶ Aged 65+ with an emphasis on those who are 75+
- ▶ At risk for falls including orthopedic trauma
- ▶ Experiencing difficulties with managing day to day activities
- ▶ Dealing with the management of some chronic disease processes
- ▶ Experiencing some difficulties with cognition as a result of the aging process
- ▶ Isolated socially or environmentally
- ▶ In need of personal contact and minor assistance with activities of daily living
- ▶ Formalized assessment by Wendat's Program Supervisor indicating eligibility

Wendat's Mission

Our Mission is to provide high quality care, treatment and rehabilitation services to both frail elderly and to persons experiencing a mental illness who are living in the North Simcoe-Muskoka area.

Senior's Support Services

Assisted Living Program:

Eligible seniors for this Program may have access to one or more of the following services for the purpose of maintaining independence in their chosen living environment:

- ▶ Assistance to arrange transportation to medical appointments
- ▶ Transportation to shopping for necessities with support to enter and leave the van
- ▶ Support with medication and chronic disease management
- ▶ Support with housekeeping, laundry
- ▶ Minor assistance with activities of daily living such as hygiene, bathing and dressing
- ▶ Social stimulation and re-integration into community
- ▶ Support to connect with cultural groups and organizations
- ▶ 24/7 on-call assistance
- ▶ Telephone safety checks

Day Program:

This program offers social and recreation activities in group settings for seniors who would benefit from a wellness oriented program which includes assessment and some health monitoring.

Benefits for participants include:

- ▶ Companionship and peer support
- ▶ Individualized approach
- ▶ Health teaching and wellness oriented programs
- ▶ Memory enhancement programs/ activities
- ▶ Therapeutic social and recreational activities
- ▶ Safe routines and environments
- ▶ Transportation service to and from Day Program—negotiable

Social & Congregate Dining Program:

Our in-house cooks prepare nutritious meals for those who attend the day program, live at the residence or anyone who wants to participate in the stimulation of a social group environment. The meals are offered at a minimal cost.