#### What is Wendat?

A charitable, non-profit corporation providing support, treatment and rehabilitation services to adults and seniors in the Simcoe-Muskoka area. Since 1987, Wendat has offered adult mental health services in North Simcoe. In 2007, Wendat expanded its services to include seniors with care needs across the Simcoe-Muskoka region. Funds for the programs come from government, donations, grants and our own fundraising initiatives.



In addition to Crisis Services, Wendat provides a range of rehabilitation, treatment and support programs to adults with mental health concerns plus treatment and support services to seniors with care needs.

Our name, Wendat, comes from the First Nations People who were the original inhabitants of North Simcoe. Like our clients, they survived against all odds and now live with dignity, dreams and hope.

## For further information contact:

Program Supervisor Crisis Services Phone: 705-526-1305 ext 245 Fax: 705-526-9248

#### OR

Info@wendatprograms.com www.wendatprograms.com BN-108196353RR0001

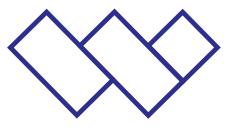
#### Lorna Tomlinson Residence for Seniors and Senior's Support Services

44 Dufferin Street Penetanguishene ON L9M 1H4 Phone: 705-355-1022 Fax: 705-355-1026

#### Adult Mental Health Services and Main office:

237 Second Street, P.O. Box 832 Midland, ON L4R 4P4 Phone: 705-526-1305 Fax: 705-526-9248





# WENDAT Community Programs

Providing Services for Seniors and Adult Mental Health Services in North Simcoe-Muskoka

#### Crisis Services

Providing short term one-to-one support for individuals in psychiatric or psychosocial crisis in Midland, Penetanguishene and area.

## Wendat's Mission

Our Mission is to provide high quality care, treatment and rehabilitation services to both frail elderly and to persons experiencing a mental illness who are living in the North Simcoe-Muskoka area.

# What is a crisis?

A crisis is a decisive time of acute difficulty or danger in an individual's life that causes an inability to cope with immediate life situations.

# Level of Support

Wendat offers a short term Crisis Service with one-to-one support to the individual for a maximum of six counselling sessions. Counselling is designed to focus on providing support until the crisis subsides, is resolved or the individual is able to access assistance through a more appropriate agency or resource.

## Wendat Crisis Services

The program provides crisis services 12 hours a day on weekdays and 8 hours per day on weekends via the Emergency Room at Georgian Bay General Hospital or by appointment in the Wendat offices, usually within 24 hours of referral.

## How to Access Services

Persons in psychiatric crisis who either

- visit the Georgian Bay General Hospital Emergency
- ► call the Mental Health Crisis Line
- see their family or primary care physician
- ► can be referred to a Crisis Worker.

Physicians and/or Crisis Line staff who refer individuals are asked to complete a short Crisis Service Intake Referral form and fax it to Wendat or contact the Crisis Worker directly. The Crisis Worker will then contact the client by telephone and arrange an appointment.

Individuals who are at immediate risk of suicide should be referred directly to the Georgian Bay General Hospital Emergency Department.

#### North Simcoe Crisis Management and Response Team (CMART)

An OPP Officer is partnered with a mental health crisis worker. The teams respond to individuals experiencing a mental health crisis in the community.

Operates Sunday to Friday from 9am-7pm. Can be accessed by calling 911.

#### **Description of Services**

Immediate, in person crisis intervention in the community for individuals experiencing a mental health crisis. Service includes follow-up, referrels, attending case conferences, advocacy, support and ongoing assessment and monitoring of mental status and behaivours to resolve crisis.

NS-CMART team will continue to support individuals after initial call through through outreach and follow up.