



FOR IMMEDIATE RELEASE

OCTOBER IS COMMUNITY SUPPORT MONTH

***Wendat Community Programs
celebrates the staff and volunteers helping seniors and adults with mental health challenges stay
healthy at home.***

Midland/Penetanguishene October 1, 2022 – This October, join Wendat Community Programs as we celebrate Community Support Month, a time to raise awareness about the wide-ranging and invaluable services available to help vulnerable Ontarians stay healthy at home.

Community support organizations like Wendat have deep roots within the community and we are committed to providing care for frail, isolated seniors and adults with mental health challenges. Our services include a senior's day program, congregate dining and assisted living.

We support seniors in the community, assisting with their holistic well being. These services help to avoid hospital visits and ensure that seniors have safe, affordable services where they live. Wendat has been providing care in the community since 1987. In the last year, here is how we helped:

- 21 seniors lived at the Lorna Tomlinson Residence for Seniors and were supported by the Assisted Living Program
- 67 seniors participated in the Congregate Dining Program
- 19,251 meals were served in the Congregate Dining Program
- 77 seniors participated in the Seniors Day Program
- 62,448 hours or 2,602 attendance days were spent in the Day Program

For these individuals, Wendat was a lifeline during the height of the pandemic. These services are an integral part of the healthcare system – especially now.

Home and community support services support over one million Ontarians each year, including seniors and people with disabilities. October is Community Support Month, an opportunity to celebrate and raise awareness about the value of these services. Not-for-profit home and community care programs only receive partial government funding, and are supported by community foundations, individual donations and thousands of dedicated volunteers. We recognize the hard work these frontline workers do for our community, while increasing public awareness of what community support services are and why they are an integral part of the healthcare system.

For more information, visit www.ocsa.on.ca and <https://twitter.com/OCSAtweets>.

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