

July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Happy Canada Day	2 French Toast Fruit Cocktail 11 AM Let's go Yard Sale Hopping RAIN or SHINE 12 - 2 PM  
3	4	5 FISHING in Penetang   \$3.00 lunch provided 12 - 3 PM	6 BLT & SUMMER SALAD 11AM  Victoria's Visuals No Rules-Open Inspiration 12:30 -2:30 PM	7 SELF CARE - Week 6 Daily Rituals  12: 45 -3 PM	8	9 RIGATONI & GARDEN SALAD 11 AM.  JOIN US FOR BINGO 1 - 3 PM
10	11	12 LET'S GO THRIFTING IN BARRIE <i>Ice Cream on way home,</i>  <i>Bring your own \$\$</i> Leaving Club at 12:30 PM	13 PORK CHOPS/ & POTATO SALAD 11AM  Victoria's Visuals Loosening up & Scratch Foam 12:30 -2:30 PM	14 SELF CARE - Week 7 Positive Circle of  Friends 12:45 - 3 PM	15	16 SAUSAGE ON A BUN with Fries 11 AM  DOMINO'S 1 - 3 PM
17	18	19 SELF CARE MIXED BINGO 12:30 -2:30 PM  Join us for Smoothies	20 SHEPARD'S PIE & FRUIT CUP 11AM  Victoria's Visuals Inspired Art & Mono Prints 12:30 -2:30 PM	21 SELF CARE - Week 8 Gratitude & Journaling  12:45 - 3 PM	22	23 BURGER & Fries 11 AM  GAMES DAY 1 - 3 PM
24	25	26 LADIES OUTDOOR GAMES, Wear a FANCY hat!  Sundae's In the Club 12:30 -2:30 PM Rain or shine...	27 CHICKEN FRIED RICE & EGG ROLLS 11AM  Victoria's Visuals Personal Symbols & Making Marks 12:30 -2:30 PM	28 SELF CARE - Week 9 Creativity with Guest Artist  12:45 - 3 PM	29	30 COLD MEAT SANDWICHES, Brownie, Fruit Cup & Water  <u>Picnic</u> Lunch To Go... to ORILLIA WATERFRONT & VALUE VILLAGE 11 AM - 4 PM
31	 <p>DON'T MISS THE TRIPS THIS MONTH!!! EVERYONE WELCOME</p> <p>Sat 2nd - Yard Sale Hopping (mixed)</p> <p>Tue 5th - Fishing in Penetang (mixed)</p> <p>Tue 12th - Thrifting in Barrie (mixed)</p> <p>Sat 30th - Orillia Waterfront Picnic & Value Village (mixed)</p> 					