

## NOVEMBER 2021

| Sun   | Mon | Tue  | Wed   | Thu   | Fri | Sat   |
|---|-----|--|---|---|-----|---|
| <p><b>Member/Transportation Line is 705 526 1305, extension 228. Always leave your messages here so all staff can relay your wishes.</b></p>                            | 1   | <p><b>2</b></p>  <p>\$3.00 1 – 3 p.m.<br/>Wk 1<br/>Paulette &amp; Darlene</p>                           | <p><b>3</b> Spaghetti and Garlic Bread <b>11 a.m.</b><br/><b>Playful Creations with Paulette</b><br/><b>Whimsical Elephant Art</b><br/>1-3 p.m.</p>   | <p><b>4</b><br/><b>Fill Your Cup, Overcoming Creative Anxiety</b><br/><b>Nacho Cheese Burger Soup</b><br/>Lunch at 11 a.m. \$3.00<br/>Get together Noon</p>   | 5   | <p><b>6</b><br/>Tomatoe Soup<br/>Grilled Cheese 11 am<br/><b>Wired Chakra Art Prt2 \$3</b><br/><b>1-3 pm</b></p>          |
| 7<br><b>CLOSED</b>  | 8   | <p><b>9</b></p>  <p>\$3.00 1 – 3 p.m. Wk 2<br/>Paulette &amp; Darlene</p>                               | <p><b>10</b><br/><b>Rice, Stuffed Chicken &amp; Veg. 11 a.m.</b><br/><b>Playful Creations with Paulette</b><br/><b>Whimsical Art Part 2</b><br/>1 – 3 p.m.</p>  | <p><b>11</b></p>  <p><b>Remembrance Day</b> <b>CLOSED</b></p>  | 12  | <p><b>13</b><br/>Sunshine Chicken Salad<br/>Sandwiches 11 a.m.<br/><b>Wired Chakra Art Prt3 \$3</b><br/><b>1-3 pm</b></p> |
| <p><b>14</b><br/><b>Barrie Outing</b> for the fella's<br/>This outing is Full, those whom have been contacted <b>meet at club at 10 or call for transportation.</b></p> | 15  | <p><b>16</b> "BRAND NEW"<br/>YOU ARE ENOUGH<br/>Self Esteem Boost<br/>Ladies Group 1 – 4 pm.</p>   | <p><b>17</b><br/>Hamburgers/German Potatoe Salad <b>11 a.m.</b><br/><b>Playful Creations with Paulette</b><br/>Watercolour Christmas Cards<br/>1-3 p.m.</p>   | <p><b>18</b><br/><b>Fill Your Cup, O.C.A. fina week</b><br/><b>Turkey Shepards Pie</b><br/>Lunch at 11 a.m. \$3.00<br/>Get together Noon</p>  | 19  | <p><b>20</b> <b>Individaul</b><br/>Naan Pizza's 11a .m.<br/><br/><b>Bingo 1 - 3</b></p>                                   |
| 21<br><b>CLOSED</b>   | 22  | <p><b>23</b> "BRAND NEW"<br/>YOU ARE ENOUGH<br/>Self Esteem Boost<br/>Ladies Group 1 – 4 pm.</p>   | <p><b>24</b> Pork Chops, Noodles and Rice <b>11 a.m.</b><br/><b>Playful Creations with Paulette</b><br/>Watercolour Christmas Cards<br/>1-3 p.m.</p>  | <p><b>25</b><br/><b>Fill Your Cup, A place to belong</b><br/><br/><b>Soup &amp; Sandwich FOCUS on Love Wk1</b><br/>Lunch at 11 a.m. \$3.00 Get together Noon</p> | 26  | <p><b>27</b><br/>King Ranch Chicken<br/>Macaroni &amp; Cheese 11 am<br/><b>Billiard Tourney</b><br/><b>1 pm</b></p>       |
| 28<br><b>CLOSED</b>   | 29  | <p><b>30</b><br/>"BRAND NEW"<br/>YOU ARE ENOUGH<br/>Self Esteem Boost<br/>Ladies Group 1 – 4 pm.</p>  | <p>Join Janice Hannah and Paulette each Tuesday beginning November 16<sup>th</sup> for <a href="#">You Are Enough</a>, Enhance your Self Esteem, Fun, Enjoy some Art, Make Connections, Tea &amp; Dessert. Call for pick up at 705 526 1305, ext 228<br/><a href="#">Fill Your Cup, A place to belong</a>, our original Ladies group continues on Thursdays. Come to both or either group. Embrace being a woman, rituals, power, Step out of your comfort zone, Find your strength. You now have a choice. Double the Fun. FYC has a lunch starting at 11 a.m. for \$3.00. Be sure to sign up in advance. 12-3 for the group without lunch.<br/>Wednesday is our regular lunch day served at 11 a.m. \$3.00 With all our programs, we have a capacity of 15 people. Wednesday afternoon from 1 - 3 will soon be designated <a href="#">Playful Creations with Paulette</a>, an array of Art projects and no, you do not need to be an Artist.... Just come and play. Some projects will be two week long. Learn some new techniques and simply explore the materials.<br/><a href="#">Saturday lunches</a> continue as well for \$3.00 at 11 a.m. A social game or activity begins at 1 p.m.<br/>Some programs have additional cost to participate to cover materials. See our sign up book.</p> |   |     |   |

