

SENIORS DAY PROGRAM

MARCH 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 10:00 Coffee Social B.P. & Weights / Council Meeting 11:00 VON SMART Exercise 12:15 Lunch 1:15 Craft	3 10:00 Coffee Social Mind Joggers 11:00 Light Exercise 12:15 Lunch 1:15 Home Early - Walmart	4 10:00 Coffee Social Thumb Ball 11:00 Light Exercise 12:15 Lunch 1:15 Washer Toss	5 10:00 Coffee Social Health Chat- Hernias 11:00 VON SMART Exercise 12:15 Lunch 1:15 Wheel Of Fortune
9 10:00 Coffee Social Family Charades 11:00 VON SMART Exercise 12:15 Lunch 1:15 Jack & Catherine Music	10 10:00 Coffee Social Client's Choice 11:00 Light Exercise 12:15 Lunch 1:15 Bingo	11 10:00 Coffee Social You be the Judge 11:00 Light Exercise 12:15 Lunch 1:15 Craft	12 10:00 Coffee Social St. Patrick's Word Search 11:00 VON SMART Exercise 12:15 Lunch 1:15 Paul & Jules Fiddle Music
16 10:00 Coffee Social St Patrick's Day Festivities! 11:00 VON SMART Exercise 12:15 Lunch 1:15 Shamrock Hunt/ Green Beer!	17 10:00 Coffee Social True or False 11:00 Light Exercise 12:15 Lunch 1:15 Home Early- Giant Tiger	18 10:00 Coffee Social Wheel of Fortune 11:00 Light Exercise 12:15 Lunch 1:15 Shuffle Board	19 10:00 Coffee Social Categories Game 11:00 VON SMART Exercise 12:15 Lunch 1:15 Funny Movie & Ice Cream
23 10:00 Coffee Social Large Crossword 11:00 VON SMART Exercise 12:15 Lunch 1:15 Jack & Catherine Music	24 10:00 Coffee Social Matching Game 11:00 Light Exercise 12:15 Lunch 1:15 Wii Bowling	25 10:00 Coffee Social Bean Bag Board Toss 11:00 Light Exercise 12:15 Lunch 1:30 Local Museum Presentation	26 10:00 Coffee Social Head Bands Game 11:00 VON SMART Exercise 12:15 Lunch 1:15 Paul & Jules Fiddle Music
30 10:00 Coffee Social Outburst Game 1:00 VON SMART Exercise 12:15 Lunch 1:15 Bingo	31 10:00 Coffee Social UNO 11:00 Light Exercise 12:15 Lunch 1:15 Craft		TO BOOK OR CANCEL CALL CAROL @ 705-355-1022 EXT.238 PLEASE LEAVE MESSAGE