
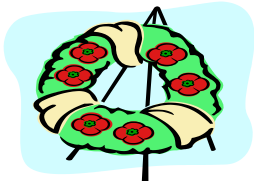


# SENIORS DAY PROGRAM

# NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>TO BOOK OR CANCEL CALL CAROL @ 705-355-1022 EXT.238 PLEASE LEAVE MESSAGE</b></p>	 <p>© Can Stock Photo</p>		<p><b>1</b> 10:00 Coffee Social BP &amp; Weights 11:00 Light Exercise 12:15 Lunch 1:15 Council Meeting/BINGO!</p>
<p><b>5</b> 10:00 Coffee Social Bean Bag Toss 11:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 John and Catherine Music!</p>	<p><b>6</b> 10:00 Coffee Social Guggenheim 11:00 Light Exercise 12:15 Lunch 1:15 Home Early</p>	<p><b>7</b> 10:00 Coffee Social Word Search 11:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 Wii Bowling</p>	<p><b>8</b> 10:00 Coffee Social Sing Along with Music Books 11:00 Light Exercise 12:15 Lunch 1:15 Craft</p>
<p><b>12 PROGRAM CLOSED</b></p> 	<p><b>13</b> 10:00 Coffee Social Word in a Word 11:00 Light Exercise 12:15 Lunch 1:15 Shuffle Board</p>	<p><b>14</b> 10:00 Coffee Social/ Health Chat- Pneumonia 11:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 Wheel of Fortune</p>	<p><b>15</b> 10:00 Coffee Social Chair Balloon Volley Ball 11:00 Light Exercise 12:15 Lunch 1:15 Board Bean Bag Throw</p>
<p><b>19</b> 10:00 Coffee Social Clients Choice 11:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 John and Katherine Music!</p>	<p><b>20</b> 10:00 Coffee Social/ UNO! 11:00 Light Exercise 12:15 Lunch 1:15 Home Early</p>	<p><b>21</b> 10:00 Coffee Social/ Scavenger Hunt 11:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 Yahtzee!</p>	<p><b>22</b> 10:00 Coffee Social Guggenheim 11:00 Light Exercise 12:15 Lunch 1:15 Wii Sports</p>
<p><b>26</b> 10:00 Coffee Social Family Feud! 1:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 Large Crossword</p>	<p><b>27</b> 10:00 Coffee Social Ball in HOOP! 11:00 Light Exercise 12:15 Lunch 1:15 Sorry Game</p>	<p><b>28</b> 10:00 Coffee Social Ice Breakers 11:00 <b>VON SMART Exercise</b> 12:15 Lunch 1:15 BINGO!</p>	<p><b>29</b> 10:00 Coffee Social Darts 11:00 Light Exercise 12:15 Lunch 1:15 Craft</p>