SENIORS DAY PROGRAM MARCH 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4 10:00 Coffee Social B.P & Weights 11:00 VON SMART Exercise 12.15 Lunch 1:15 Jack & Catherine - Music	**5** 10:00 Coffee Social Shuffle Board Bowling 11:00 Light Exercise 12:15 Lunch 1:15 Home Early	**6** 10:00 Coffee Social Wii Bowling 11:00 VON SMART Exercise 12:15 Lunch 1:15 Shuffle Board	**7** 10:00 Coffee Social Council Meeting 11:00 Light Exercise 12:15 Lunch 1:15 Bean Bag Board Toss
11 10:00 Coffee Social Health Chat 11:00 VON SMART Exercise 12:15 Lunch 1:15 Wii Bowling	**12** 10:00 Coffee Social Memory Game 11:00 Light Exercise 12:15 Lunch 1:15 Craft	**13** 10:00 Coffee Social St Patties Word Search 11:00 VON SMART Exercise 12:15 Lunch 1:15 Board Or Card Games	**14** 10:00 Coffee Social St Patrick's Day Activities! 11:00 Light Exercise 12:15 Lunch 1:15 Bingo – St Patties Day prizes
18 10:00 Coffee Social Ice Breakers 11:00 VON SMART Exercise 12:15 Lunch 1:15 Jack & Catherine - Music	**19** 10:00 Coffee Social UNO 11:00 Light Exercise 12:15 Lunch 1:15 Home Early	**20** 10:00 Coffee Social Family Feud 11:15 VON SMART Exercise 12:15 Lunch 1:15 Craft	**21** 10:0 Coffee Social Shuffle Board Bowling 11:00 Light Exercise 12:15 Lunch 1:15 Wheel of Fortune
25 10:00 Coffee Social Bean Bag Toss 11:00 VON SMART Exercise 12:15 Lunch 1:15 Jack & Catherine - Music	**26** 10:00 Coffee Social Scavenger Hunt 11:00 Light Exercise 12:15 Lunch 1:15 Your Choice	**27** 10:00 Coffee Social Big Thumb Ball 11:00 VON SMART Exercise 12:15 Lunch 1:15 Bingo	**28** 10:00 Coffee Social Large Crossword 11:00 Light Exercise 12:15 Lunch 1:15 Wii Bowling
29 	**30**	**31** 	**TO BOOK OR CANCEL CALL CAROL@ 705-355-1022 EXT.238 PLEASE LEAVE MESSAGE**