




SENIORS DAY PROGRAM FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4 10:00 Coffee Social B.P & Weights/ Council Meeting 11:00 VON SMART Exercise 12:15 Lunch 1:15 Jack and Catherine - Music	5 10:00 Coffee Social Large Crossword 11:00 Light Exercise 12:15 Lunch 1:15 Home Early	6 10:00 Coffee Social Bean Bag Toss 11:00 VON SMART Exercise 12:15 Lunch 1:15 Board or Card Games	7 10:00 Coffee Social National Send a Card Day! 11:00 Craft 12:15 Lunch 1:15 Wheel of Fortune
11 10:00 Coffee Social Ice Breakers 11:00 VON SMART Exercise 12:15 GORD'S PIZZA LUNCH ! 1:15 Shuffle Board	12 10:00 Coffee Social Valentines Trivia 11:00 Light Exercise 12:15 Lunch 1:15 Ladder Board	13 10:00 Coffee Social Wii Bowling 11:00 VON SMART Exercise 12:15 Lunch 1:15 Family Feud	14 10:00 Coffee Social Valentines Wear Red or Pink 11:00 Light Exercise 12:15 Lunch 1:15 BINGO ! Valentines Prizes
18 <div style="text-align: center;">FAMILY DAY NO PROGRAM</div>	19 10:00 Coffee Social UNO 11:00 Light Exercise 12:15 Lunch 1:15 Home Early	20 10:00 Coffee Social Scavenger Hunt or Find It 11:00 VON SMART Exercise 12:15 Lunch 1:15 Shuffle Board	21 10:00 Coffee Social Health Chat 11:00 Light Exercise 12:15 Lunch 1:15 Wii Bowling
25 10:00 Coffee Social Internet Search 11:00 VON SMART Exercise 12:15 Lunch 1:15 Jack & Catherine- Music	26 10:00 Coffee Social Left Right Center 11:00 Light Exercise 12:15 Lunch 1:15 Craft	27 10:00 Coffee Social Word Search 11:00 VON SMART Exercise 12:15 Lunch 1:15 BINGO!	28 10:00 Coffee Social Large Crossword 11:00 Light Exercise 12:15 Lunch 1:15 Ladder Board
			TO BOOK OR CANCEL CALL CAROL @ 705-355-1022 EXT.238 PLEASE LEAVE MESSAGE

